

# September

## SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
			taco dip and whole grain flatbread with broccoli and cherry tomatoes (vg)  fresh peach 1	turkey and cheese sandwich with green leaf lettuce  fresh apple 2
no school labor day  5	smart crackers, yogurt supper kit with baby carrots (vg)  fresh peach 6	chicken salad sandwich with green leaf lettuce (df)  fresh apple 7	honey wheat crackers and string cheese supper kit with baby carrots (vg)  fresh peach 8	southwest veggie wrap with shredded romaine lettuce (vg)  fresh apple 9
turkey and cheese sandwich with green leaf lettuce  fresh pineapple 12	taco dip and whole grain flatbread with broccoli and cherry tomatoes (vg)  fresh pear 13	bbq chicken wrap with shredded romaine lettuce  fresh banana 14	egg salad sandwich with green leaf lettuce (vg) (df)  fresh apple 15	smart crackers, yogurt supper kit with baby carrots (vg)  fresh orange 16
chicken and mozzarella wrap with honey mustard and shredded romaine lettuce  fresh pineapple 19	southwest veggie wrap with shredded romaine lettuce (vg)  fresh pear 20	egg salad sandwich with green leaf lettuce (vg)(df)  fresh banana 21	chicken salad sandwich with green leaf lettuce (df)  fresh apple 22	hummus and whole grain flatbread with broccoli and cherry tomatoes (vg)  fresh orange 23
southwest chicken wrap with shredded romaine lettuce  fresh pineapple 26	honey wheat crackers and string cheese supper kit with baby carrots (vg)  fresh pear 27	chillin' chinese chicken noodles with cabbage-carrot mix (df)  fresh banana 28	taco dip and whole grain flatbread with broccoli and cherry tomatoes (vg)  fresh apple 29	no school  30

**Supper:** choice of 1% or fat free milk. fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

*This institution is an equal opportunity provider*